

NEWSLETTER

6 September – 12 September 2021

Revive
Restore
Reach Out

NRCC News and Notices

▪ 9 AM ZOOM Service & 10 AM Fellowship (Same ZOOM Link)

If you have friends or family members who would like to join us for our Zoom service please send them the link. Alternatively, email us at enquiry@northrocks.org.au.

▪ Guest Preacher next Sunday, 19th Sep.

Rev Ray Wadeley from **Voice of Martyrs** will be preaching at our Zoom service next week. VOM has been serving persecuted churches and Christians all over the world with practical and spiritual assistance for more than 50 years.

▪ Beryl's Marmalade

Beryl has been busy making marmalade and has donated some jars for church. If you would like some please contact Steve.

▪ Useful sources of information about mental health issues:

Beyond Blue: <https://www.beyondblue.org.au/>

SANE Australia: <https://www.sane.org/>

Mental Illness Fellowship of Australia Inc: <https://www.mifa.org.au/en/>

The Blackdog Institute: <https://www.blackdoginstitute.org.au/>

Head To Health: <https://www.headtohealth.gov.au/>

Headspace: <https://headspace.org.au/>

UCA Assembly Resource on **Domestic and Family Violence** can be found [here](#).

Recipe of the Week

Do you love cooking but are getting tired of cooking the same thing over and over? Do you need some new recipes? Have you cooked something this week, or do you have a favourite recipe, that you would like to share with the rest of us?

I am always looking at recipes but the best ones are always those tried and tested by friends. It can be any type of recipe at all, savoury, sweet, entree, snack or a meal.

If you are interested send your recipe to enquiry@northrocks.org.au Once life returns to normal perhaps we could do a church cook book.

This week's recipe comes from Cathy –

This recipe is very easy and very tasty.

Creamy Sun-dried Tomato Chicken

Chicken cooked in a creamy garlic parmesan and sun-dried tomato sauce all in one pan in under 20 minutes.

Serve with pasta, zucchini noodles, steamed vegetables, or rice



Prep Time: 5 minutes

Cook Time: 20 minutes

Total Time: 25 minutes

Servings: 4

Ingredients

- 4-6 (about 200g) boneless skinless chicken breasts
- Salt and pepper (I think there is enough taste without adding salt and pepper)
- 2 tablespoons Butter or olive oil
- 3-4 cloves garlic chopped
- 1-2 cups chopped spinach optional
- 1 cup heavy/whipping cream
- 1/4 cup oil-packed sun-dried tomatoes chopped
- 1/4 cup Parmesan cheese grated

Instructions

1. Pound the chicken thin or cut horizontally in half to about 1.5cm thickness (and season with salt and pepper if you wish).
2. Melt 1 tablespoon butter or olive oil in a large pan over medium-high heat, and add chicken and sear on both sides for 4-5 minutes on each side. Remove the chicken from the pan and set aside.
3. Reduce the heat and remaining 1 tablespoon butter to the same pan. Add garlic and saute for 30 seconds or until garlic begins to brown; Add sundried tomatoes, spinach, heavy cream, parmesan cheese, and mix through.
4. Return chicken to the pan and simmer for another minute and remove from heat. Serve immediately with pasta, zucchini noodles, steamed vegetables, or rice.

Community News and Notices

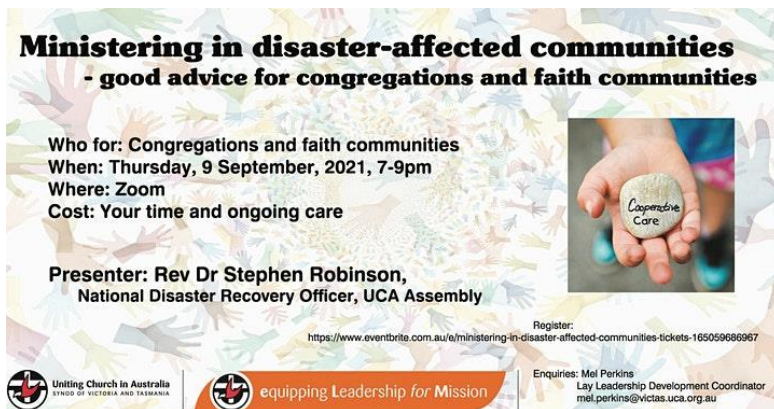
▪ **A thoughtful article on scripture and trauma, with a strong pastoral focus:**

<https://www.ministrymatters.com/all/entry/10883/scripture-and-trauma>

▪ Ministering in disaster-affected communities

On Thursday night, 9 September, 7-9pm (Zoom), come to the training and learn some good advice on ministering in disaster-affected communities - before a disaster occurs, when a disaster occurs, and long-term recovery.

Guest presenter is Rev Dr Stephen Robinson, the National Disaster Recovery Officer for the UCA Assembly.



Ministering in disaster-affected communities
- good advice for congregations and faith communities

Who for: Congregations and faith communities
When: Thursday, 9 September, 2021, 7-9pm
Where: Zoom
Cost: Your time and ongoing care

Presenter: Rev Dr Stephen Robinson,
National Disaster Recovery Officer, UCA Assembly

Register:
<https://www.eventbrite.com.au/e/ministering-in-disaster-affected-communities-tickets-16509686967>

Enquiries: Mel Perkins
Lay Leadership Development Coordinator
melp Perkins@victas.uca.org.au

Uniting Church in Australia
SYNOD OF VICTORIA AND TASMANIA

equipping Leadership for Mission

▪ National Conference of Lay Preachers 2021

Lay Preaching Unleashed

The Queensland Synod is pleased to host on behalf of the National Lay Preacher Committee, the National Conference of Lay Preachers 2021. 11-12 September.

<https://ucaqld.com.au/national-lay-preachers-2021/>

▪ Faith and Politics Do they Relate?

A forum to encourage open reflection and discussion on our faith and our responsibility as voting citizens in a democracy - 15 September, 7pm

As followers of Jesus, we believe our faith has implications for every part of our lives. But what about our responsibilities as citizens, including how we vote?

The purpose of the forum is to encourage open reflection and discussion on these issues.

We will hear from the experience of ordinary church members in relating their faith to politics, what shapes their views and the questions that come up for them. Rev Dr Peter Walker and Rev Bec Lindsay will offer theological reflections and insights to help us identify the core issues and provide guidance in how we respond. There will also be opportunity for discussion and time to raise comments and questions in the whole gathering.

We hope the forum enables a deeper awareness of how we are all trying to live out our faith in this important area of life and illuminates some principles to help us on the way.

If you would like to know more, please contact Jon O'Brien 0477 725 528 or at jobrien@uniting.org

<https://www.eventbrite.com.au/e/faith-politics-do-they-relate-tickets-166009600183>



Uniting Mission & Education

UCAN
UNITING LEADERS
CLERICAL ACTION
NETWORK

Present
Faith and Politics Do they Relate?
Online Forum

As followers of Jesus, we believe our faith has implications for every part of our lives. But what about our responsibilities as citizens, including how we vote? How does Christian faith apply there, especially when different Christians have such varied views?

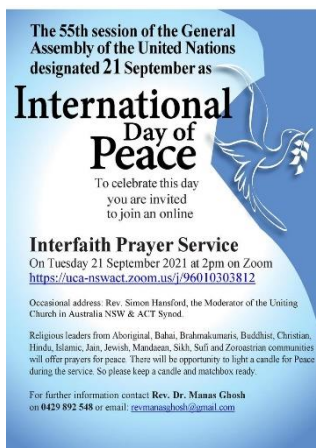
Speakers:
Chris Haddock, Greg Horvath, Helen Tyson, Leigh Taylor, Rev. Dr Peter Walker, Rev. Bec Lindsay, Rev. Kate Woodfield

Hear from the experience of fellow church members relating their faith to politics, what shapes the questions they consider? Rev Dr Peter Walker and Rev Bec Lindsay will offer theological reflections and insights to help us identify the core issues and provide guidance in how we respond.

With opportunities for discussion and questions, the forum enables a deeper awareness of how we are all trying to live out our faith in this important area of life and illuminates some principles to help us on the way.

7PM WEDNESDAY 15TH SEPTEMBER
REGISTER AT <https://bit.ly/2VjvMyA>

▪ International Day of Peace



The 55th session of the General Assembly of the United Nations designated 21 September as

International Day of Peace

To celebrate this day you are invited to join an online

Interfaith Prayer Service
On Tuesday 21 September 2021 at 2pm on Zoom
<https://uca-nswact.zoom.us/j/96010303812>

Occasional address: Rev. Simon Hansford, the Moderator of the Uniting Church in Australia NSW & ACT Synod.

Religious leaders from Aboriginal, Bahai, Brahminism, Buddhist, Christian, Hindu, Islamic, Jain, Jewish, Mandean, Sikh, Sufi and Zoroastrian communities will offer prayers for peace. There will be opportunity to light a candle for Peace during the service. So please keep a candle and matchbox ready.

For further information contact: Rev. Dr. Manas Ghosh on 0429 892 548 or email: peemannahs@gmail.com

Reflection of the Week

The imperishable reality of heaven is the desperate longing of every human heart. We all want a home where we can live forever, experience endless joy in the Creator's presence, and be reunited with those we love.

God Himself placed those desires within us so that we would never be satisfied with anything less than eternity with Him. He wants to draw us into a relationship with Him because only by joining our lives to His can we experience the eternal life He intended for us at creation.

We are physical beings—but we are not merely physical. We are part of the spiritual realm, and we were created for heaven. We are restless and dissatisfied with life until we find our true destiny in Him. Only when our searching and wandering leads us home to the Father can we find the peace and belonging we seek.

This world is impermanent and destined for destruction. But if we have placed our trust in Jesus, our citizenship is in the world to come—a permanent place called heaven.

Prayer: Father, thank You for creating me for heaven. Thank You that I can look forward to that day when I will leave this world because I have placed my trust in You. I pray in the name of Jesus. Amen.

"He has also set eternity in the human heart" (Ecclesiastes 3:11).

E - give (Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.

Ministry Leaders

Minister: Rev. Steve Lee / minister@northrocks.org.au / 0433 698 690

Church Council

Chairperson: Craig Marshall Secretary: Jenny Keyte Treasurer: Anne Crabb

Team Leaders

Worship: Jenny Keyte Discipleship: Alex Chow Pastoral Care: Robyn Pike Fellowship: Sue Vasilevska
Intergen: Cathy & Fiona

North Rocks Community Church

132-136 North Rocks Rd, North Rocks. NSW 2151

<https://northrocks.uca.org.au>

Facebook: North Rocks Community Church

Email: enquiry@northrocks.org.au

Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>