



NEWSLETTER

13 September – 19 September 2021

*Revive
Restore
Reach Out*

NRCC News and Notices

▪ 9 AM ZOOM Service & 10 AM Fellowship (Same ZOOM Link)

If you have friends or family members who would like to join us for our Zoom service please send them the link.

▪ Guest Preacher next Sunday, 19th Sep.

Rev Ray Wadeley from **Voice of Martyrs** will be preaching at our Zoom service next week. VOM has been serving persecuted churches and Christians all over the world with practical and spiritual assistance for more than 50 years.

▪ Beryl's Marmalade

Beryl has been busy making marmalade and has donated some jars for church. If you would like some please contact Steve.

▪ Useful sources of information about mental health issues:

Beyond Blue: <https://www.beyondblue.org.au/>

SANE Australia: <https://www.sane.org/>

Mental Illness Fellowship of Australia Inc: <https://www.mifa.org.au/en/>

The Blackdog Institute: <https://www.blackdoginstitute.org.au/>

Head To Health: <https://www.headtohealth.gov.au/>

Headspace: <https://headspace.org.au/>

UCA Assembly Resource on **Domestic and Family Violence** can be found [here](#).

Recipe of the Week

Do you love cooking but are getting tired of cooking the same thing over and over? Do you need some new recipes? Have you cooked something this week, or do you have a favourite recipe, that you would like to share with the rest of us?

I am always looking at recipes but the best ones are always those tried and tested by friends. It can be any type of recipe at all, savoury, sweet, entree, snack or a meal.

If you are interested send your recipe to enquiry@northrocks.org.au Once life returns to normal perhaps we could do a church cook book.

This week's recipe comes from Steve –

Soft Lemon Cheesecake

Ingredients

- Cream cheese (140g)
- Butter (40g)
- Milk (60g)
- Plain flour (50g)
- Corn flour (15g)
- 5 eggs
- Lemon juice (30ml)
- Sugar (100g)



Instructions

1. Oven setting. Fill the tray with room temperature water until 1 cm high
2. Preheat oven to 120 C
3. Milk (60g) + Cream cheese (140g) + Butter (40g) in a small pot over medium heat. Whisk together until melted and smooth. Remove from the heat.
4. Sift in plain flour (50g) and corn flour (15g). Whisk them well while the cream cheese mixture is warm until well combined.
5. Add 5 egg yolks, lemon juice (30ml) whisk till the mixture is well combined.
6. Make thick meringue with 5 egg whites + 100g sugar and mix it with the cream cheese mixture until it is evenly combined.
7. Grease the inside of a 9 x 3-inch (23 x 7.5 cm) round cake pan and pour the batter in the pan
8. Baking temperature 120c for 20 mins → without opening the door increase temperature to 150C for 15 mins → open the door for 10 seconds then close the door → Lower the temp to 100C for 40 mins → Let the cake cool down for 10 mins and enjoy!

Community News and Notices

▪ A thoughtful article on scripture and trauma, with a strong pastoral focus:

<https://www.ministrymatters.com/all/entry/10883/scripture-and-trauma>

▪ International Day of Peace

Join us for an Interfaith Prayer Service on Tuesday 21 September at 2pm on Zoom.

The 55th session of the General Assembly of the United Nations designated 21 September as

International Day of Peace

To celebrate this day you are invited to join an online

Interfaith Prayer Service

On Tuesday 21 September 2021 at 2pm on Zoom
<https://uca-nswact.zoom.us/j/96010303812>

Occasional address: Rev. Simon Hansford, the Moderator of the Uniting Church in Australia NSW & ACT Synod.

Religious leaders from Aboriginal, Bahai, Brahmakumaris, Buddhist, Christian, Hindu, Islamic, Jain, Jewish, Mandaean, Sikh, Sufi and Zoroastrian communities will offer prayers for peace. There will be opportunity to light a candle for Peace during the service. So please keep a candle and matchbox ready.

For further information contact Rev. Dr. Manas Ghosh on 0429 892 548 or email: revmanasghosh@gmail.com

▪ Meet the First Peoples of Gondwana

Tue, 12 October 2021, 9:00 AM – 12:30 PM

We invite you for a walk with Rev Dr Garry Deverell to listen and engage with his story and reflections as an indigenous person.

Garry will be speaking on

- Who are the First Nations/First Peoples of this country, and what is our traditional spirituality or way of life?
- What happened between First Peoples and (mainly European) colonists in the period 1788-1960? How were the churches involved?
- What is the result of this history when it comes to First Nations health, well-being and socio-economic status?
- What do modern-day Indigenous people want?
- Who are the 'Second Peoples' and how can they be good allies in the Indigenous struggle for something resembling justice?

For more information and to register, go to:

<https://www.eventbrite.com.au/e/meet-the-first-peoples-of-gondwana-tickets-167694624135>

ONLINE SEMINAR

Meet the First Peoples of Gondwana

SYNOD INTERCULTURAL FORUM

About the seminar

"Following Christ, walking together as First and Second Peoples, seeking community, compassion and justice for all creation."

We invite you for a walk with **Rev Dr Garry Deverell** to listen and engage with his story and reflections as an indigenous person.

Garry Deverell is a Tasmanian man from northern Lutrawita (Tasmania), an Anglican priest, and the Vice-Chancellor's Fellow in Indigenous theologies at the University of Divinity. Garry has ministered in parishes, hospitals, welfare organisations and academic institutions for 30 years. Many of those years were spent in the employ of the Uniting Church in Victoria and Tasmania. He is the author of two books, *The Bonds of Freedom and Gondwana Theology*, and is a regular contributor to radio programs, podcasts, and conferences on indigenous matters.

Garry will be speaking on:

- Who are the First Nations/ First Peoples of this country, and what is our traditional spirituality or way of life?
- What happened between First Peoples and (mainly European) colonists in the period 1788-1960? How were the churches involved?
- What is the result of this history when it comes to First Nations' health, well-being and socio-economic status?
- What do modern-day Indigenous people want?
- Who are the Second Peoples and how can they be good allies in the Indigenous struggle for something resembling justice?

When: October 12 **Time:** 9am-12:30pm **Where:** Zoom (will be given on registration)
Fee: \$20 (inclusive of Eventbrite fees)
Register: [Click here](#)

Uniting Church in Australia
SYNOD OF VICTORIA AND TASMANIA

Education & Formation for Leadership

Reflection of the Week

What is praise? It is adoration, thanksgiving, appreciation, and worship of our Lord and Saviour. Praise flows from a relationship of love and devotion from us to the Lord. Praise brings us closer to Him. It changes us and helps us grow in our faith. Praise reminds us who God is. A life filled with praise places us in a position to receive God's blessings.

C.S. Lewis said:

Only in acts of worship and praise can a person learn to believe in the goodness and the greatness of God. God wants us to praise Him, not because He needs or craves, in any sense, our flattery. But because He knows that praise creates joy and thankfulness.

Praise is not something that we do for God. Nor is it something that we do in order to get God's approval so that He will grant our desires. When we praise God, we are changed—even if our circumstances are not. While God is present everywhere, all the time, He is present in a special way when His people praise Him.

Words are the expressions of our hearts. The Bible says, "The mouth speaks what the heart is full of" (Matthew 12:34).

What happens to the person who continually complains about the problems and challenges of life?

If he only focuses on those things, he will lose sight of his eternal destiny. He may become pessimistic, even depressed. We all have tiring days, minor setbacks, and unexpected expenses. As believers, we can choose to find strength by praising God, or we may sink into despair.

Regardless of our problems or difficulties, when we praise God, our focus shifts. We become aware, once again, of who He is and His love for us. Why wait? Praise God now and experience His power, which is capable of handling anything you might face.

Prayer: You are so good, God. Your hope never disappoints (Romans 5:5). Thank You that, as I attend to who You are, You renew my mind and transform my heart. I pray in the name of Jesus. Amen.

"You are enthroned as the Holy One; you are the one Israel praises" (Psalm 22:3).

E-give (Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.

Ministry Leaders

Minister: Rev. Steve Lee / minister@northrocks.org.au / 0433 698 690

Church Council

Chairperson: Craig Marshall Secretary: Jenny Keyte Treasurer: Anne Crabb

Team Leaders

Worship: Jenny Keyte Discipleship: Alex Chow Pastoral Care: Robyn Pike Fellowship: Sue Vasilevska
Intergen: Cathy & Fiona

North Rocks Community Church

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<https://northrocks.uca.org.au>

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Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>