



NEWSLETTER

18 October – 24 October 2021

Revive
Restore
Reach Out

NRCC News and Notices

▪ 9 AM ZOOM Service & 10 AM Fellowship (Same ZOOM Link)

If you have friends or family members who would like to join us for our Zoom service please send them the link.

Recipe of the Week

Do you love cooking but are getting tired of cooking the same thing over and over? Do you need some new recipes? Have you cooked something this week, or do you have a favourite recipe, that you would like to share with the rest of us?

I am always looking at recipes but the best ones are always those tried and tested by friends. It can be any type of recipe at all, savoury, sweet, entree, snack or a meal.

If you are interested send your recipe to enquiry@northrocks.org.au Once life returns to normal perhaps we could do a church cook book.

This week's recipe comes from Russell

CREAMY SALMON GNOCCHI

Serves 4. Time: 20mins

Gnocchi:

1. Cook a 500g pkt of potato gnocchi in a large saucepan of boiling water for about 2 mins or until the gnocchi floats to the surface.
2. Add 2 bunches of asparagus, woody ends trimmed, cut into 3cm pieces.
3. Cook for 1 min. Drain and transfer to heatproof bowl – see note below.



Creamy Sauce:

1. Add 300ml of light thickened cream to a large pan and bring to the boil over high heat.
2. Stir in ½ x 190g jar of basil pesto.
3. Remove from heat.
4. Add the gnocchi mixture and 150g of hot smoked salmon, flaked.

5. Gently fold the to combine.

To Serve:

1. Divide the combined mixture evenly among the serving bowls.
2. Drizzle with the remaining pesto. Serve immediately.

Notes: you can commence step 2 just before cooking the gnocchi so that when you drain the gnocchi/asparagus it can be added directly to the cream/pesto mixture.
This dish can also be done with BBQ chicken – just use 150 – 200g of broken up cooked chicken.

Community News and Notices

▪ **A thoughtful article on scripture and trauma, with a strong pastoral focus:**
<https://www.ministrymatters.com/all/entry/10883/scripture-and-trauma>

▪ **Monday nights with a difference!**

A series of three Bible Studies giving background and insights into the story of the Exodus. Starting on zoom : Monday 25 October to 8 November 7.30pm – 9pm @ West Epping UC
Lecturer: Dr Anthony Rees (Senior Lecturer in Old Testament/Hebrew Bible at UTC)
Please register with Helen Tattersall, at weppinguca@gmail.com so the link can be sent to you.

▪ **PNP Multicultural Celebration**

Celebrating our Diversity in Unity with Christ

Saturday 23rd October 2021, 10:00am-1:05pm

ZOOM ONLINE SESSION ONLY

This is an opportunity to raise an awareness about the Multicultural Strategy Committee and its role, and to enthuse and empower those from our Multicultural communities to take on leadership roles in the Presbytery and other councils of the Church.

The Committee also wants to reaffirm the declaration the National Assembly made in 1985 that the Uniting Church in Australia is a Multicultural Church.

If you are interested please email enquiry@northrocks.org.au for more information.



▪ **Job Vacancy**

Parramatta Nepean Presbytery is seeking to employ a Business Manager. If you would like more details, or would like to see the position description please email enquiry@northrocks.org.au. (Applications close 29 October.)

▪ **Useful sources of information about mental health issues:**

Beyond Blue: <https://www.beyondblue.org.au/>

SANE Australia: <https://www.sane.org/>

Mental Illness Fellowship of Australia Inc: <https://www.mifa.org.au/en/>

The Blackdog Institute: <https://www.blackdoginstitute.org.au/>

Head To Health: <https://www.headtohealth.gov.au/>

Headspace: <https://headspace.org.au/>

UCA Assembly Resource on **Domestic and Family Violence** can be found [here](#).

Reflection of the Week

Jesus never promised us a life without problems. He told us to expect trouble and persecution. He told us that the last days would be full of turbulence and testing. He told us that the world would hate us, put us on trial, and put us to death. But we have divine peace.

When you have divine peace, you are like a submarine in a hurricane. If you remain on the surface, you'll be destroyed—but if you dive deep into the ocean of God's love, you'll have peace. No, you won't escape your circumstances completely. Even if a submarine descends to a depth of four hundred feet, it can feel the rocking motion of the waves above. A hurricane-force storm on the surface can cause a submarine to roll ten to fifteen degrees—enough to make some submariners seasick. But the crew will be safe beneath the waves because it has gone deep, deep, deep, where the turbulent storm cannot destroy it.

That is what divine peace is like. It doesn't mean the storm won't rock your boat. It doesn't guarantee that you won't get seasick. But it does guarantee peace that passes understanding, peace that transcends comprehension, peace that defies explanation. It's the peace that only the Lord Jesus Christ can bring you. It's a peace that can't be found in the secular world or in any other religion. It can be found in Jesus alone.

Many cry out for peace. Many struggle with guilt and fear. Their consciences are a war zone. Their minds are a battlefield. Their relationships are stormy seas. Their hearts are filled with anxiety and confusion. That's why Jesus said, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27).

All the money in the world can't buy you a moment of divine peace. All the good works and charitable deeds and religious rituals in the world will never buy you God's peace. You can't earn it or inherit it or ever be worthy of it—but you can have it for free. Divine peace is a gift.

Prayer: Lord, I confess that often I look elsewhere for peace instead of seeking You, the God who is peace. May Your voice be louder than all my fears and concerns. I pray in the name of Jesus. Amen.

"For he himself is our peace" (Ephesians 2:14).

E - give (Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.

Ministry Leaders

Minister: Rev. Steve Lee / minister@northrocks.org.au / 0433 698 690

Church Council

Chairperson: Cathy Nelson Secretary: Jenny Keyte Treasurer: Anne Crabb

Team Leaders

Worship: Jenny Keyte Discipleship: Alex Chow Pastoral Care: Robyn Pike Fellowship: Sue Vasilevska
Intergen: Cathy & Fiona Mission: Steve Turner

North Rocks Community Church

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Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>