



NEWSLETTER

25 October – 31 October 2021

Revive
Restore
Reach Out

NRCC News and Notices

• **Face-to-face gathering from this Sunday @ 9 AM**

We look forward to seeing everyone in person at church. We give thanks to God for everyone's patience and care for each other during lockdown. Here are some safety measures for the safety of all who will be attending our service:

- If you are feeling unwell, please consider others - stay away and get tested
- 4 sqm indoors. Ensure 1.5m physical distancing where possible
- Check in using our QR code. If this is not possible, please check in at the desk.
- Wear a mask while indoors.
- Singing is not allowed except the music team
- At the end of the service please help by wiping down your chair
- We won't be serving morning tea for now

▪ **A service of celebration for the life of Helen Seagrave**

Will be held at NRCC on Thursday, 4th November at 11AM. If anyone wants to attend the service, please make sure to register by contacting Steve by next Tuesday. Currently, only fully vaccinated people are allowed to attend following the current government guidelines.

Recipe of the Week

Do you love cooking but are getting tired of cooking the same thing over and over? Do you need some new recipes? Have you cooked something this week, or do you have a favourite recipe, that you would like to share with the rest of us?

I am always looking at recipes but the best ones are always those tried and tested by friends. It can be any type of recipe at all, savoury, sweet, entree, snack or a meal.

If you are interested send your recipe to enquiry@northrocks.org.au Once life returns to normal perhaps we could do a church cook book.

This week's recipe comes from Robyn.

PIZZA

Start with a Pizza base

Cover the base generously with tomato paste (I use Leggo's brand)

Cover with mozzarella cheese

Add whatever toppings you like. I usually add cabanossi, ham, pineapple pieces, tomato, mushroom, and sliced onions (onions are a must!)

Cover the toppings with more mozzarella cheese

Place in the oven for 15-20 minutes at 200 degrees .



Community News and Notices

▪ **A thoughtful article on scripture and trauma, with a strong pastoral focus:**

<https://www.ministrymatters.com/all/entry/10883/scripture-and-trauma>



seeks volunteer Management Committee members

Gateway Family Services (Gateway) is an NGO which has been operating for over 25 years as a mission project of the Blaxland Uniting Church. It provides a range of family support, emergency consultation and relief services in the Blue Mountains, Penrith, and surrounding communities. Operational bases are located in Blaxland (HQ), Katoomba, and Penrith. The Management Committee of Gateway currently seeks interested and appropriately skilled individuals to be volunteer members of the Committee.

In particular the Committee is seeking a volunteer Chairperson. The Chairperson's duties include providing leadership to the Committee at monthly meetings, serving as primary liaison with Gateway's CEO, and shaping the direction and strategy of the organisation in conjunction with the committee and the CEO. The position would suit someone with a Christian faith, a keen interest in community well-being, and solid leadership/governance experience. Knowledge of the health and human services sector, and established networks in this sector would be helpful but not essential.

For further information, please contact the Committee's Acting Chairperson - Peter Tamsett (tamsettpg@gmail.com) - by 15 November 2021.

▪ **Useful sources of information about mental health issues:**

Beyond Blue: <https://www.beyondblue.org.au/>

SANE Australia: <https://www.sane.org/>

Mental Illness Fellowship of Australia Inc: <https://www.mifa.org.au/en/>

The Blackdog Institute: <https://www.blackdoginstitute.org.au/>

Head To Health: <https://www.headtohealth.gov.au/>

Headspace: <https://headspace.org.au/>

UCA Assembly Resource on **Domestic and Family Violence** can be found [here](#).

Reflection of the Week

The goodness of God within our lives is often revealed through our actions. When we accept Christ as our Saviour, we gain the ability to be good people—but only as we live our lives for Jesus Christ. Apart from Him we can do nothing!

The Lord told His disciples, "There is only One who is good," and that, of course, is God, the Holy One of Israel (Matthew 19:17). With the fall of man, we were separated from God, unable to be wholly good (see Isaiah 59:2). But in Christ we are made new, and by His Spirit we are able to "clothe [ourselves] with compassion, kindness, humility, gentleness and patience" (Colossians 3:12). This is the goodness that comes from the heart of God. It is planted within us when the Holy Spirit dwells in us and we lay our selfish desires aside.

The Good Samaritan sacrificed financial gain and personal reputation in order to help someone he did not even know. Take a moment to read this story in Luke 10:30-37. This act of goodness can only be born from the heart of God.

Throughout life, we will meet people who are careless with their words and actions. Everything within us will want to fight back, but we must come to a point where we level our eyes at the deepest intent of our hearts and ask, "Am I demonstrating God's goodness or my self-righteousness?"

The Holy Spirit who lives within us is our guide to godliness, which will be reflected in the love and mercy we extend to even the most unlovely person. The next time you face a difficult situation, take time to pray and ask God to live His life through you.

Prayer: Father, it is not humanly possible for me to be good on my own, but I know that You can show me how to be both kind and good. I submit to You; lead me in Your ways. Mould me so that I can become more like You, reflecting Your character. I pray in the name of Jesus. Amen.

E-give (Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.

Ministry Leaders

Minister: Rev. Steve Lee / minister@northrocks.org.au / 0433 698 690

Church Council

Chairperson: Cathy Nelson Secretary: Jenny Keyte Treasurer: Anne Crabb

Team Leaders

Worship: Jenny Keyte Discipleship: Alex Chow Pastoral Care: Robyn Pike Fellowship: Sue Vasilevska
Interген: Fiona & Cathy Mission: Steve Turner

North Rocks Community Church

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Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>