



# NEWSLETTER

10 October – 16 October 2022

Revive  
Restore  
Reach Out

## NRCC News and Notices

### ▪ Sandra Callister's Operation

Sandra will be having surgery on her hip on 9 November. Due to the long wait she has endured and the pain she is experiencing she has changed to the private sector. If you would like to contribute towards some of these costs you can either donate at church or through e-Giving.

**Account Name:** North Rocks Community Church

**BSB:** 634634 **Account Number:** 100016305 with "Sandra" as a reference

## Community News and Notices

The Macquarie University Centre for Emotional Health is currently offering free psychological treatment for older adults who have been experiencing low mood, anxiety, or worry. We are comparing two versions of our cognitive behavioural therapy program (Ageing Wisely) that has shown to be efficacious in two previous clinical trials. For treatment, participants will receive one of two therapy programs, which differ very slightly in the skills that are presented. We are now examining differences in the impact of social activity on treatment outcomes.

Adults aged 65 years and older who have anxiety and/or low mood can participate in this free research trial at Macquarie University, which will be running throughout 2022. Treatment is available face-to-face at Macquarie University, or via video conference or telephone. More information is available on our [WEBSITE](#). Please find attached a program flyer that might be of interest to members of your congregation. This flyer can also be downloaded [HERE](#).

For more information, or if you would like to receive paper copies of the program flyer, please contact us on (02) 9850 8715 or at [AgeingWisely@mq.edu.au](mailto:AgeingWisely@mq.edu.au).



### Ageing Wisely

**ARE YOU** over 65 years of age?  
**HAVE YOU** lost interest in things you used to enjoy?  
**DO YOU** frequently feel **anxious** or **flat**?  
**ARE YOU** worried about health, family or finances?

**FOR MORE INFORMATION:**  
T: (02) 9850 8715  
E: [AgeingWisely@mq.edu.au](mailto:AgeingWisely@mq.edu.au)



Macquarie University is offering two programs (face-to-face, telephone or virtual options are available) for you to learn new skills and help manage low mood, anxiety and worry. There is no cost for participating.



Uniting Church Hawkesbury Zone:

# "TWILIGHT OF JAZZ"

On the banks of the Hawkesbury River -  
at Ebenezer Church

**SUNDAY 16th OCTOBER** 4:00PM - 8:00PM  
Gates open at 3:00pm

Featuring:  
**HARMONIX BIG BAND**

TICKETS \$20 per head - School students free  
To prebook your tickets call or text Rebecca on  
0439 309 303 or visit our Facebook page.  
Tickets will be available on the night 4:00pm onwards

Bring your chairs, blanket or a picnic.  
Sausage sizzle, cake stall, tea & coffee  
will be available to purchase.  
**BYO Alcohol**

Find us on Facebook Ebenezer Uniting Church - Twilight Jazz  
Funds raised go to the West Papuan Development Company for clean water wells.

## PNP Adult Fellowship Gathering

Date: October 22

Time: 10 am – 1 pm

Venue: Grantham Heights Uniting Church

RSVP: by October 15 to

Gail Kalaitzis: 9670 4602

Or

Kevin Harkness: 0408 218 964



**PARRAMATTA NEPEAN PRESBYTERY  
UNITING CHURCH ADULT FELLOWSHIP**



invites you to the next gathering at

**GRANTHAM HEIGHTS UNITING CHURCH**

on Saturday 22nd October

from 10am to 1pm

Guest Speaker is Rebecca Andrews  
from Pitt Town Uniting Church

'Building Water Wells in West Papua'

Retiring offering to Water Wells  
will be collected



**ALL FOOD AND DRINK PROVIDED**

for specific dietary needs contact Barbara Maxwell 9636 2252

**Please RSVP before 15th October to either**

**Gail Kalaitzis: 9670 4602 or**

**Kevin Harkness: 0408 218 964**

Nearest railway station is Seven Hills. Let us know if needing a pick up.

COVID SAFE RULES APPLY. PLEASE REMAIN AT HOME IF YOU ARE UNWELL.



**GRANTHAM HEIGHTS UNITING CHURCH**  
cnr Mackenzie Boulevard  
& Nipigon Road SEVEN HILLS



# WALKING TOGETHER

HOW CAN THE  
CHURCH EMBRACE  
FIRST PEOPLES'  
THEOLOGY IN A POST-  
COLONIAL AUSTRALIA?



Hosted by the Synod of NSW and the ACT, United Theological College, Uniting Mission and Education, and Newtown Mission, this Conference is an opportunity to hear the voices and perspectives of First Peoples on issues relating to the Uniting Church, Theology, and Reconciliation.

The theme - *Walking Together: How can the Church embrace First Peoples' Theology in a post-colonial Australia* - comes at an important time with the Uluru Statement of the Heart and plans to enshrine a First Nations Voice into the constitution.

You can find out more about our speakers and the event [here](#).

Saturday 22 October 9:30 am to: 4:45pm

Wesley Conference Centre, Sydney

In person and online tickets available

#### ▪ **Uniting Church Assembly and Synod News Links**

Uniting Church Assembly: <https://uniting.church/news/>

NSW & ACT Synod: <https://nswact.uca.org.au/communications/newsroom/>

#### ▪ **Moderator's Flood Appeal to help devastated communities**

The Uniting Church NSW/ACT has launched a special appeal to help those communities devastated by record-breaking floods.

<https://nswact.uca.org.au/communications/newsroom/media-release-moderator-s-flood-appeal-to-help-devastated-communities/>

## **Reflection of the Week**

No matter how many so-called advances we make as a society, spiritually we are no better off than those who have lived before us. As King Solomon once said, "There is nothing new under the sun" (Ecclesiastes 1:9). Human beings, apart from Christ, will inevitably choose to rebel against the ways of God. As a result, cultures that once were thriving will begin to deteriorate. The question we must answer as believers in Jesus Christ is How shall we live in such times?

How shall we live now as Western civilization, once built upon the Protestant Reformation, continues to turn its back on God? How shall we live now when our culture, which once espoused Christian principles, now publicly mocks and ridicules God's ways? How shall we live now when even the church has joined in the anti-Biblical chorus?

Read Hebrews 11. As believers, we live in the City of Man—but we are pilgrims in this world. We know our true home is the City of God, but we must learn to live here and now in the City of Man as Christ's ambassadors to a dying world. Because we belong to Jesus and have the Holy Spirit, we can find the strength and wisdom to not just survive but thrive in the City of Man.

In the beginning, there was Eden, a beautiful garden. In the end, there will be an even more beautiful garden city called the New Jerusalem. For now, we live in the City of Man between these two gardens that bookend history. As we live here, we must keep our eyes fixed on another garden—Gethsemane. Here Jesus prayed, "Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent. . . . I am coming to you now, but I say these things while I am still in the world, so that they may have the full measure of my joy within them" (John 17:3, 13).

Only Christ's victory can empower us to live triumphantly in the midst of the darkness of the City of Man. Because of the cross, we can walk with our heads held high no matter how bleak things may now look in this present city. After all, we belong to Jesus, and one day we are going to reign and rule with Him in the City of God.

*Prayer: Lord, thank You not only for the promise of heaven, the City of God, but thank You for the full joy and freedom that I can have even now in the midst of the City of Man. Help me to live a holy life that I might bring glory to Your name. I pray in the name of Jesus. Amen.*

**"You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world" (1 John 4:4).**

### **E - give** (Direct Electronic Giving)

**Account Name:** North Rocks Community Church  
**(BSB):** 634634 **Account Number:** 100025906

### **Prayers**

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.  
Robyn: 0424791916

## **Ministry Leaders**

**Minister:** Rev. Steve Lee / [minister@northrocks.org.au](mailto:minister@northrocks.org.au) / 0433 698 690

### **Church Council**

Chairperson: Cathy Nelson

Secretary: Sue Vasilevska

Treasurer: Anne Crabb

### **Team Leaders**

Worship: Steve Lee   Discipleship: Alex Chow   Pastoral Care: Robyn Pike   Fellowship: Sue Vasilevska

Intergen: Cathy Nelson   Mission: Steve Turner

## **North Rocks Community Church**

132-136 North Rocks Rd, North Rocks. NSW 2151

<https://northrocks.uca.org.au>

Facebook: North Rocks Community Church

Email: [enquiry@northrocks.org.au](mailto:enquiry@northrocks.org.au)

Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>