

NEWSLETTER

17 October – 23 October 2022

Revive
Restore
Reach Out

NRCC News and Notices

▪ **Commissioning Service (9 AM) for Church Council Members & Ministry Team Leaders + Potluck Lunch at Church (1 PM)**

We are going to celebrate the commissioning of our wonderful CC members and the ministry team leaders on **Sunday, 6th November** during our service. Welcome to invite family and friends to the service as well as the potluck lunch after the Korean church service. There will be no morning to on the day.

Potluck Lunch 6th November @ 1 PM

Please bring your favourite nibblies, main or desert. If you are comfortable bring along your recipe to share. We may eventually put together a church cookbook. Tea, coffee and water will be provided, please bring any juice or soft drink you may prefer.

Enjoy a time of fellowship and good food. Remember to clearly label any plates or containers. We will need some volunteers to set up tables and to assist with heating dishes in the kitchen. **Please contact Sue if you would like to help or have any questions on 0432272518**

Community News and Notices

The Macquarie University Centre for Emotional Health is currently offering free psychological treatment for older adults who have been experiencing low mood, anxiety, or worry. We are comparing two versions of our cognitive behavioural therapy program (Ageing Wisely) that has shown to be efficacious in two previous clinical trials. For treatment, participants will receive one of two therapy programs, which differ very slightly in the skills that are presented. We are now examining differences in the impact of social activity on treatment outcomes.



Ageing Wisely

ARE YOU over 65 years of age?
HAVE YOU lost interest in things you used to enjoy?
DO YOU frequently feel **anxious** or **flat**?
ARE YOU worried about health, family or finances?

FOR MORE INFORMATION:
T: (02) 9850 8715
E: AgeingWisely@mq.edu.au

SCAN ME:



Macquarie University is offering two programs (face-to-face, telephone or virtual options are available) for you to learn new skills and help manage low mood, anxiety and worry. There is no cost for participating.

Adults aged 65 years and older who have anxiety and/or low mood can participate in this free research trial at Macquarie University, which will be running

throughout 2022. Treatment is available face-to-face at Macquarie University, or via video conference or telephone. More information is available on our [WEBSITE](#).

For more information, or if you would like to receive paper copies of the program flyer, please contact us on **(02) 9850 8715** or at AgeingWisely@mq.edu.au.

PNP Adult Fellowship Gathering

Date: October 22

Time: 10 am – 1 pm

Venue: Grantham Heights Uniting Church

RSVP: by October 15 to

Gail Kalaitzis: 9670 4602

Or

Kevin Harkness: 0408 218 964



PARRAMATTA NEPEAN PRESBYTERY
UNITING CHURCH ADULT FELLOWSHIP



invites you to the next gathering at

GRANTHAM HEIGHTS UNITING CHURCH

on Saturday 22nd October

from 10am to 1pm

Guest Speaker is Rebecca Andrews
from Pitt Town Uniting Church
'Building Water Wells in West Papua'

Retiring offering to Water Wells
will be collected



ALL FOOD AND DRINK PROVIDED

for specific dietary needs contact Barbara Maxwell 9636 2252

Please RSVP before 15th October to either

Gail Kalaitzis: 9670 4602 or

Kevin Harkness: 0408 218 964

Nearest railway station is Seven Hills. Let us know if needing a pick up.

COVID SAFE RULES APPLY. PLEASE REMAIN AT HOME IF YOU ARE UNWELL.



GRANTHAM HEIGHTS UNITING CHURCH
cnr Mackenzie Boulevard
& Nipigon Road SEVEN HILLS



WALKING TOGETHER

HOW CAN THE
CHURCH EMBRACE
FIRST PEOPLES'
THEOLOGY IN A POST-
COLONIAL AUSTRALIA?



Hosted by the Synod of NSW and the ACT, United Theological College, Uniting Mission and Education, and Newtown Mission, this Conference is an opportunity to hear the voices and perspectives of First Peoples on issues relating to the Uniting Church, Theology, and Reconciliation.

The theme - *Walking Together: How can the Church embrace First Peoples' Theology in a post-colonial Australia* - comes at an important time with the Uluru Statement of the Heart and plans to enshrine a First Nations Voice into the constitution.

You can find out more about our speakers and the event at <https://www.eventbrite.com.au/e/walking-together-conference-registration-396378979197>

Saturday 22 October 9:30 am to: 4:45pm

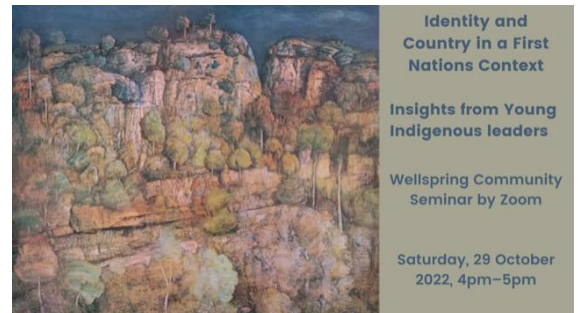
Wesley Conference Centre, Sydney

In person and online tickets available

This seminar on **“Caring for Creation”** features Indigenous speakers to help us listen for the wisdom of First Peoples. All are welcome to be part of this Zoom seminar on Sat Oct 29, 4-5 pm.

Register interest

at Wellspringcommunity2022@gmail.com and you will receive the zoom link the day before the seminar. All welcome. No fee.



▪ **Uniting Church Assembly and Synod News Links**

Uniting Church Assembly: <https://uniting.church/news/>

NSW & ACT Synod: <https://nswact.uca.org.au/communications/newsroom/>

▪ **Moderator’s Flood Appeal to help devastated communities**

The Uniting Church NSW/ACT has launched a special appeal to help those communities devastated by record-breaking floods.

<https://nswact.uca.org.au/communications/newsroom/media-release-moderator-s-flood-appeal-to-help-devastated-communities/>

Reflection of the Week

The cycle of unfaithfulness, exile, repentance, and deliverance goes all the way back to our first parents, Adam and Eve. They chose to go the wrong way, and they set in motion this cycle of rebellion and suffering that has echoed down through history. Now we in the Christian church, in Western civilization and throughout the world, are experiencing significant suffering as a result of centuries of spiritual compromise.

Western civilization was founded by the Christian Reformation—a movement that brought light and life to a world emerging from the Dark Ages. But Western civilization has fallen away from its founding principles. So we need a new Reformation to awaken the West from its slumber.

We who believe in the Lord Jesus Christ are not without hope. We have the greatest hope of all. That hope is the God-Man who hung on a cross to redeem humanity and who rose again to prove His divine power. Today, His arms are open wide, and He calls to us, "Repent, come to Me, and I will deliver you from your enemies and restore you to wholeness."

The cyclical pattern that began with Adam and Eve, that continued throughout Old Testament times, and that remains in effect today can yet be broken. We are not doomed to destruction—but we haven't a moment to lose. It is time to answer the call of our Redeemer.

Prayer: Thank You, Lord, for the tremendous hope we have in You—a hope that does not fail. Open the eyes of Your church, Father, and may You restore us to our roles as faithful disciples who point people to the Gospel of Truth. I pray in the name of Jesus. Amen.

"And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us" (Romans 5:5).

E - give (Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.
Robyn: 0424791916

Ministry Leaders

Minister: Rev. Steve Lee / minister@northrocks.org.au / 0433 698 690

Church Council

Chairperson: Cathy Nelson

Secretary: Sue Vasilevska

Treasurer: Anne Crabb

Team Leaders

Worship: Steve Lee Discipleship: Alex Chow Pastoral Care: Robyn Pike Fellowship: Sue Vasilevska

Intergen: Cathy Nelson Mission: Steve Turner

North Rocks Community Church

132-136 North Rocks Rd, North Rocks. NSW 2151

<https://northrocks.uca.org.au>

Facebook: North Rocks Community Church

Email: enquiry@northrocks.org.au

Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>