



# NEWSLETTER

19 June – 25 June 2023

**R**evive  
**R**estore  
**R**each Out

## NRCC News and Notices

### ▪ **BUPA Nursing Home Monthly Service**

We are looking for volunteers who are interested in joining the monthly service for the residents and the staff at BUPA North Rocks. Please contact Steve L for more information.

### ▪ **Men's BASECAMP at Katoomba**

An annual event for men to renew their strength in Christ. 2023 Theme, "Unravelling Our Emotions". 11–12 August 2023. Katoomba Convention Centre.  
Please contact Alex or Mike for more information

### ▪ **SIM Connect Event**

The next SIM Connect event on 24th June, 9.30-11am. See link below.

This is an on-line interactive event, and people can register direct and/or I will be hosting a hub at our place for anyone who would like to join me in person to be part of this webinar.

SIM Connect is designed to help people gain a greater awareness of some of the ministries and ministry locations where SIM is involved, and especially good for anyone considering cross-cultural mission ministry either short or long term.

SIMConnect-Invite-June-2023.jpg (3750×2679)

If you are interested, you can register directly or contact Mike Hammond. (0493072958 / via WhatsApp at +265999412407 / email: [mike.hammond@sim.org](mailto:mike.hammond@sim.org))

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## **Dates for your diary**

▪ CC and the ministry team leaders have discerned together and put the dates of the events/activities for this year on our church calendar. Please feel free to contact any of the leaders if you feel led to participate or want to share your thoughts and ideas.

## NRCC 2023 Calendar

May			June		
28	Pentecost	Steve	3	NRCC Women's Retreat	Sue
			17	EQUIP Conference	Robyn
			25	Monthly Youth Gathering	Cathy
July			Aug		
22	Mental Health First Aid	Steve	11-12	Men's BASECAMP	Alex
30	Monthly Youth Gathering	Cathy	27	Monthly Youth Gathering	Cathy

## Community News and Notices

### ▪ Leura Uniting Church retreat

- Saturday, July 1<sup>st</sup> 10am-3.30 pm
- Venue: Leura Uniting Church – close to Leura Station
- Theme is "Pause for Presence: Thresholds of our Lives"
- Retreat leader is Rev Glenda Blakefield, a member of LUC and a "Circles of Trust" (Parker Palmer) facilitator.
- Food: Morning tea is provided. We ask participants to bring their own lunch or there are cafes nearby.
- Cost: suggested donation is \$20.
- website. <https://leura.unitingchurch.org.au/services-and-activities/saturday-retreats/>

### ▪ Uniting Church Assembly and Synod News Links

Uniting Church Assembly: <https://uniting.church/news/>

NSW & ACT Synod: <https://nswact.uca.org.au/communications/newsroom/>

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## Reflection of the Week

No one is born contented with life. As babies we cry for our every need. As we grow up, we experience the frustrations and struggles of life. Yet through our hardships, we can learn how to gain contentment. Paul told the Philippians, "I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want" (Philippians 4:12).

Contentment was not a natural skill or talent for Paul—he had to learn about it through experiencing both the highs and lows of life. Paul said, "I have learned . . ." Learning does not always come easily. It requires time, dedication, and a willingness to engage the necessary lessons.

Paul spent years at the pinnacle of prestige and power as a Pharisee before becoming a humble servant of Christ. He experienced times of plenty and times of near starvation. He lived in a comfortable home, and he dwelled in a prison cell.

Yet he did figure out how to find joy and contentment in both extremes of life. He realized that

contentment is a state of the heart, not of affairs, and that contentment is independent of his circumstances. Paul learned that everything we have belongs to God, including life itself. When we completely trust God to lead our lives in His timing and His ways, He will meet our needs.

*Prayer: Father, help me to be willing to learn how to be content. Help me to trust You for my every need, no matter what the circumstance. I pray in the name of Jesus. Amen.*

**"It was good for me to be afflicted so that I might learn your decrees" (Psalm 119:71).**

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### **E - give** (Direct Electronic Giving)

**Account Name:** North Rocks Community Church  
**(BSB):** 634634 **Account Number:** 100025906

### **Prayers**

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, Steve or Pastoral Care Team.  
Robyn: 0424791916

## **Ministry Leaders**

**Minister:** Rev. Steve Lee / [minister@northrocks.org.au](mailto:minister@northrocks.org.au) / 0433 698 690

### **Church Council**

Chairperson: Cathy Nelson

Secretary: Sue Vasilevska

Treasurer: Anne Crabb

### **Team Leaders**

Worship: Steve Lee   Discipleship: Alex Chow   Pastoral Care: Robyn Pike   Fellowship: Sue Vasilevska

Interger: Cathy Nelson   Mission: Steve Turner

## **North Rocks Community Church**

132-136 North Rocks Rd, North Rocks. NSW 2151

<https://northrocks.uca.org.au>

Facebook: North Rocks Community Church

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Phone: (02) 9683 2586

Uniting Church in Australia <https://uniting.church/>

NSW & ACT Synod <https://nswact.uca.org.au/>

Parramatta Nepean Presbytery <https://parramattanepean.uca.org.au/>