



NEWSLETTER

5 – 11 February 2024

Revive
Restore
Reach Out

Transfiguration of Jesus

Worship Services Sundays 9am

- Lenten Bible Study

We plan to have Bible study material available during Lent. You might like to use this in your current Bible study groups, or if you are interested in meeting with a new group over Lent please let Deborah know.

- CWCI E3 Conference

We are planning to register NRCC for the E3 Conference (Saturday only) to be held online on March 16 at our church. If you are interested in joining us or would like more information please speak to Robyn.



Please join us for a live streaming of the
CWCI E3 Conference for Women

We will be watching the conference live, over the internet

For more about the conference, or if you wish to attend the
conference in person visit www.cwcie3.com

Location: North Rocks Community Church

Time: Saturday 16 March 2024 9am— 3.30pm

Contact: Robyn Pike

We request a donation of \$10 to cover registration costs.

Tea, coffee and morning tea will be served.

Please bring your own lunch

An activity of North Rocks Community Church



UCA Uniting in Prayer 2024 - invitation from Assembly

Following the popularity of the very first Uniting in Prayer event last year, we will be running the event again this year from 19 May - 22nd of June. We are currently working on a range of worship resources as well as the new 2024 Prayer Chain (a whole of church prayer chain that will include congregations, presbyteries, synod, agencies and schools).

For more information, or to sign up to receive resources click on this link. <https://www.act2uca.com/unitinginprayer2024>

Dates for your Diary

NRCC 2024 Calendar

Feb	
6	Church Council Meeting
14	Ash Wednesday
18	1st Sunday of Lent
Mar	
16	CWCI E3 Conference for women
24	Palm Sunday
29	Good Friday
31	Easter

Community News and Notices

Uniting Church Assembly and Synod News Links

Uniting Church Assembly: <https://uniting.church/news/>

NSW & ACT Synod: <https://nswact.uca.org.au/communications/newsroom/>

Reflection of the Week

Conquering Hidden Fears

How do you conquer hidden fears? First, you identify what is causing you to feel fearful. Is your sense of fear based on Truth or an irrational belief? Most of what we fear never happens. While fearful feelings may be warning signs, they also can be very misleading. For some people, worry and fear are simply habitual. They have no solid basis for what they are feeling.

The second step to conquering fear is prayer. Many believers look for some sort of formula to make their prayers more effective. When it comes to prayer, there is no secret method. Simply pray about what frightens you. Tell the Lord what is worrying you, and ask Him to show you if your sense of fear is valid. God hears you when you cry out to Him. You can tell Him when you feel afraid, scared, or hurt. He also listens as you express your feelings of frustration and anger.

James reminds us that many times our fears are not silenced because we do not take time to pray, "You do not have because you do not ask God" (4:2).

Fear is a very strong emotion. It can paralyze us, but it also can be an indicator of what is going on in a person's life. God knows our hearts and our deepest secrets. He knows what fears we have. As hidden areas of fear and dread come to light, God will reveal His plan to eliminate each one.

In times of fear, ask God to reveal what is true about your situation. Be strong in your faith. The apostles did not hesitate to ask God to increase their faith, and neither should you (see Luke 17:5). He will help you overcome fear.

Prayer: God, I pray that You would shine Your light on my situation, revealing the Truth so that I will not be afraid. Help me to be able to identify what is causing my fear and to come to You when I am feeling afraid. I pray in the name of Jesus. Amen.

"For you have delivered me from death and my feet from stumbling, that I may walk before God in the light of life" (Psalm 56:13).

E - give (Anonymous Direct Electronic Giving)

Account Name: North Rocks Community Church
(BSB): 634634 **Account Number:** 100025906

Prayers

If you have any prayer requests or would like to know of those with particular pastoral needs to pray for, please contact Robyn, or Pastoral Care Team.
Robyn: 0424 791 916

Ministry Leaders

Supply Minister: Rev. Deborah Yun / 0424 922 314 / revdeborahyun@gmail.com

Church Council

Chairperson: Cathy Nelson Secretary: Steve Turner Treasurer: Anne Crabb
Andrew Head, Hilton Petters, Jacky Hammond, Sue Vasilevska

Team Leaders

Worship: Cathy Nelson Discipleship: Alex Chow Pastoral Care: Robyn Pike
Fellowship: Sue Vasilevska Mission: Steve Turner Sustainability: Bill Vasilevski

